











Monday, 10 November 2025 15:30 - 16:30 (UTC-3)

Venue: WHO Pavilion (Blue Zone)

Description

As climate impacts intensify, the health and well-being of millions are increasingly at risk. From extreme heat, floods, and water scarcity to disease outbreaks and the loss of livelihoods, climate hazards are placing unprecedented pressure on health systems and the people who depend on them. The resulting challenges go beyond physical health, they also affect mental health and community resilience.

This session will spotlight how coordinated, multisectoral adaptation efforts can protect communities, strengthen health systems, and improve well-being in a changing climate. Anchored in the **Race to Resilience**, the global campaign led by the Climate Change High Level Champions that mobilizes non party stakeholders including the private sector, civil society, and subnational governments to build the resilience of 4 billion people by 2030, the discussion will feature partners advancing innovative, inclusive, and scalable solutions for resilient health systems and people's well-being.

Participants will share practical examples of how adaptation action can safeguard lives and strengthen healthcare services. The discussion will explore measures that:

- ▶ **Protect people from extreme heat:** Expanding access to sustainable cooling solutions in rural areas and providing financial protection mechanisms such as parametric insurance for vulnerable workers.
- ▶ **Protect people from poor air and water quality:** Supporting subnational governments in integrating nature based solutions to restore ecosystems and improve air and water quality.
- ▶ **Support health care facilities:** Strengthening climate resilient health facilities through improved water, sanitation, and hygiene (WASH) services.









▶ **Protect people from health and climate risks:** Advancing access to clean cooking to accelerate health outcomes and drive climate action

The session will contribute to the **COP30 Action Agenda**, Axis 5, Key Objective 16 "Promoting resilient health systems." It will demonstrate how linking adaptation and health is essential to advancing climate resilience, protecting human dignity, and achieving sustainable development.

The session will feature representatives from Sanitation and Water for All (SWA)/UNICEF, Health Care without Harm, EHRA, Efficiency for Access, ICLEI Africa, RegionsAdapt, among others.

Agenda

Time	Agenda Item
15.30 - 15.35	Welcome
	The facilitator opens the session, welcomes participants, and outlines objectives.
15.35 - 16.00	Panel discussion 1: Advancing innovative, inclusive, and scalable adaptation solutions for resilient health systems and people's well being. Moderator: Naomi Njihia, Race to Resilience Youth Fellow, CCT
	Diana Picon Manyari , International Climate Senior Director, Health Care without Harm - promoting adaptation action in health care facilities and systems.
	Gabriel Maraslis , WASH Specialist at UNICEF Brazil - Supporting indigenous health systems in Brazil through climate resilient WASH in health care units.
	Jakub Vrba , Senior Manager, Efficiency for Access: Sustainable cooling solutions rural space cooling solutions for rural areas in Sub-Saharan Africa and South Asia.
16.00 - 16.25	Panel discussion 2: Advancing innovative, inclusive, and scalable adaptation solutions for resilient health systems and people's well being. Moderator: Marcia Toledo, Adaptation and Resilience Director, CCT
	Dr Meggan Spires , Director: Climate Change, Energy & Resilience, ICLEI Africa - advancing clean cooking in African cities to drive climate action and accelerate health outcomes.
	Hon Oden Ewa , Commissioner for Special Duties, Intergovernmental Relations and Green Economy LeadCross River State, Nigeria, - Cross River State's progress on its climate resilient health agenda with a tailored action plan.
	Bijal Brahmbhatt , the Executive Director of Mahila Housing Trust extreme heat solutions and local level Heat Action Plans with <u>Mahila Housing Trust</u> for women and vulnerable communities in Indian urban settings.
16.25- 16.30	Closing Remarks
	Marcia Toledo , Adaptation and Resilience Director, CCT -Highlights key messages and closes the session.